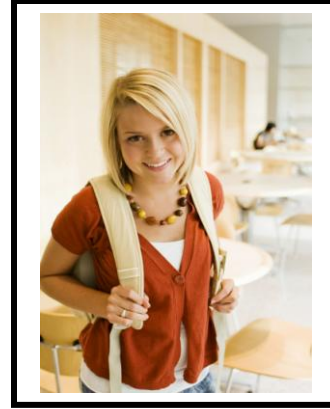


Sharing Our Voices...

a support group for High School
Girls

*An empowerment group just for
Teenage Women*



BENEFITS:

Have a safe place to discuss issues such as....

- Setting boundaries
- Everyday stresses
- Body Image
- Friendship dramas
- Your feelings...worries, fears, hurts, hopes and dreams!
- Changing relationships with parents
- Decisions about your future/college
- Dating / setting boundaries

FACILITATOR:

Tim Jordan, M.D., Behavioral pediatrician and adolescent specialist, Tim has worked with middle and high school girls for over 20 years in his counseling practice, weekend retreats and personal growth summer camps called Camp Weloki.

DATES:

All group meetings will be held at Dr. Tim Jordan's office in Chesterfield and meet from **4:30 – 6:00 p.m.** on the following dates: **WEDNESDAY, Sept. 16 and 30, Oct. 7, 21, and 28, Nov. 11 and TUESDAY, Nov. 24 and WEDNESDAY, Dec. 9, 2009.**

COST:

\$45 per week for 8 weeks with a total commitment of **\$360.00** The **total fee of \$360.00 is due when enrolling** regardless of illness, absence, etc. Only a small number of spots are available per group. Many past participants have been able to bill this to health insurance as group therapy with Dr. Jordan. Call Anne for questions and details at 636-530-1883 or email Anne@weloki.com.

“This is just what I needed at this point in my life; a safe place to hear feedback, and listen and learn from other girls.” ~ 17 year old senior

“A great time to vent, learn about guys and relationships and most importantly...yourself!” ~ 15 year old sophomore